



Proudly celebrating 50 years of serving the Florida Keys

The Guidance/Care Center by WestCare is dedicated to empowering everyone with whom we come into contact to engage in a process of healing, growth and change benefiting themselves, their families, coworkers and communities. As a behavioral health and human services non-profit committed to delivering high-quality and cost-effective services, our diverse team of experienced, credentialed staff provides the best care to everyone who enters our doors. With partnerships in mind, our organization's philosophy is Uplifting the Human Spirit through our continuum of care in the following service domains.

Together, we believe there is an opportunity for all individuals to lead fuller, richer lives.



Mental Health & Wellness

We strive to provide clients with mental health/co-occurring services and wellness planning. The Guidance/Care Center provides a full range of services for children and adults at risk of being placed in a more restrictive environment and those with a mental health or substance use disorder. Services include case management, in-home and community family therapy, school-based services, and substance abuse prevention, intervention, outreach, and education. Intervention services provided by the Guidance/Care Center aim to decrease risk factors that worsen substance use and mental health problems.

Youth-specific services are provided by the Guidance/Care Center. Our TBOS program is designed to improve functioning or prevent the deterioration of mental health or substance use disorders in school-aged youth. The Guidance/Care Center also provides intensive outpatient through a team approach. CAT (Community Action Team) provides a team approach to youth ages 11-21 with a serious behavioral health condition where a therapist, mentor, case manager, and psychiatrist are coordinated and available. MRT (Mobile Response Team) provides 24-hour triage and crisis response for all Monroe County residents to avoid the need for psychiatric hospitalization, emergency room utilization, or jail and link to community-based behavioral health services.

- TBOS - Therapeutic Behavioral On-Site and In-Home Services
- School-Based Counseling
- Crisis Stabilization
- Crisis Support
- CAT (Community Action Team)
- MRT (Mobile Response Team) 24/7
- Psychiatric
- Intervention
- Case Management
- Outpatient



Substance Use Treatment & Prevention

We are dedicated to changing the lives of individuals needing substance use or co-occurring treatment. Our FITT (Family Intensive Treatment Team Services) program focuses on intensive team-based, family-focused, comprehensive services to families in the child welfare system. The program provides intensive substance use disorder treatment and wrap-around support services for families identified by the child welfare system to increase safety and reduce the risk of abuse for children in the home.

- FITT - Family Intensive Treatment Team Services
- CWSP - Child Welfare Specialty Program
- Motivational Support Program
- Outpatient
- Medication Assisted Treatment (MAT)
- Relapse Prevention
- Detoxification
- High Impact Prevention
- School-Based Prevention





Education & Supportive Services

We utilize a variety of grassroots outreach efforts to increase community education on various health, recovery, and social issues. Through our Personal Growth Center, we support recovery by providing a friendly, safe environment for daily activities and socialization. As a place for peer support and assistance, a person may participate in drop-in resources or by joining a class/work group.

- Personal Growth Center - Clubhouse, Drop-In - Psychosocial Rehabilitation / Consumer Run Services
- Middle Keys Transportation Program
- Outreach Programs

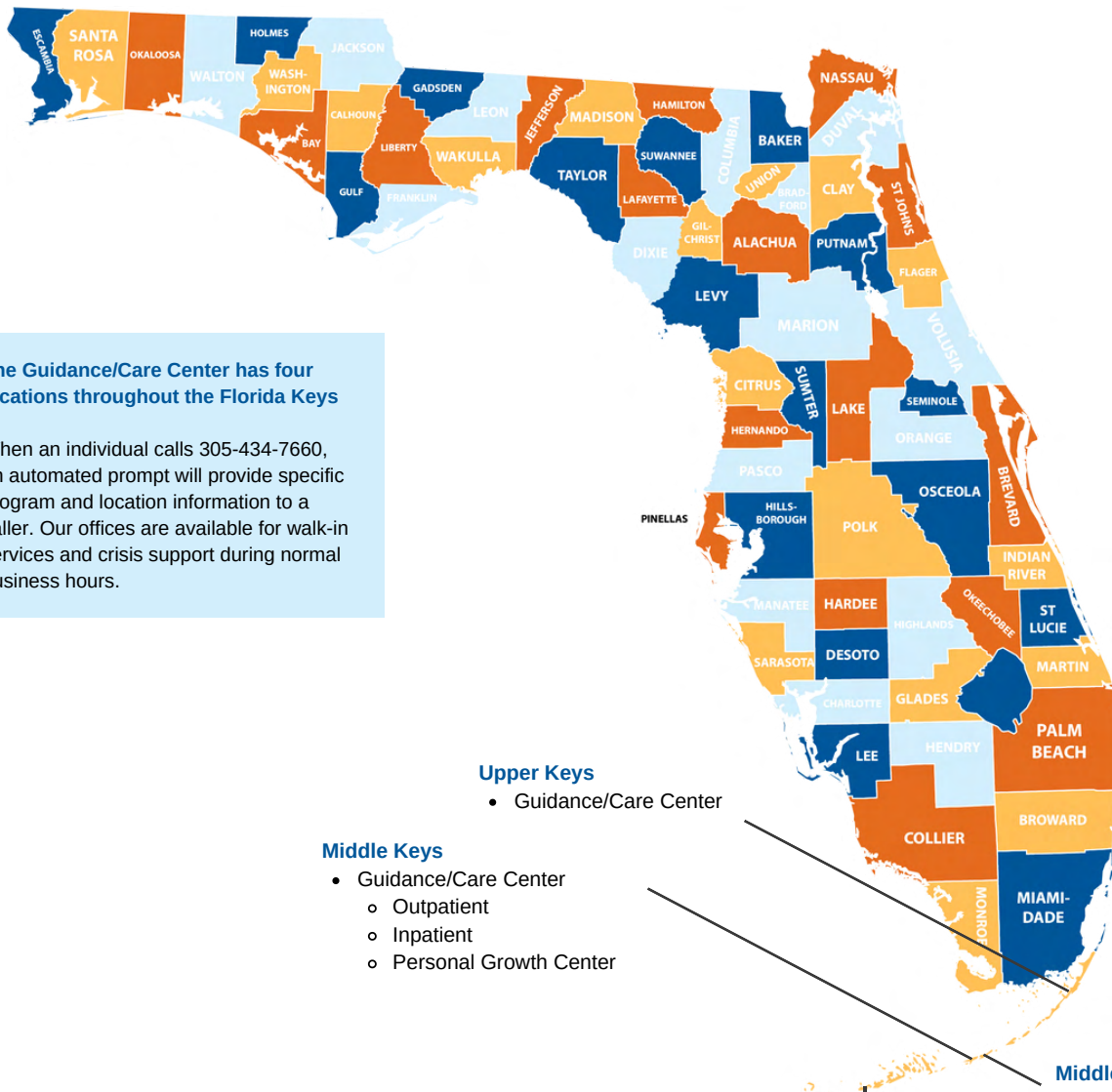


Justice System

Criminal Justice and Diversion Services of the Guidance/Care Center provides mental health and substance use disorder services to increase and improve accessibility for persons in the criminal justice system through diversion programs and programs to reduce recidivism. Criminal Justice and Diversion Services include forensic case management, jail diversion services, competency restoration evaluation and training, Jail In-House Program (JIP), Other Side of the Fence (Offender Re-entry Program), homeless outreach, HIV testing and counseling, and trauma support and treatment. JIP is a six-month drug and alcohol treatment program for men and women in the Monroe County Detention Center. ORP provides intensive outpatient substance abuse/co-occurring treatment and wrap-around support services for adult males who are involved in the criminal justice system in Key West. The Guidance/Care Center advocates for persistent and severely mentally ill inmates to be placed at appropriate facilities/treatment centers to receive treatment in lieu of incarceration. Case management services through jail diversion refer inmates to mental health and substance treatment so they may avoid repeat incarceration.

- JIP (Jail In-House Program)
- ORP (Offender Reentry Program) / Other Side of the Fence
- Outpatient Relapse Prevention Groups
- Forensic Case Management
- Jail Diversion
- TASC (Treatment Alternatives for a Safer Community)





The Guidance/Care Center has four locations throughout the Florida Keys

When an individual calls 305-434-7660, an automated prompt will provide specific program and location information to a caller. Our offices are available for walk-in services and crisis support during normal business hours.

- Upper Keys**
- Guidance/Care Center

- Middle Keys**
- Guidance/Care Center
 - Outpatient
 - Inpatient
 - Personal Growth Center

- Middle Keys**
- Guidance/Care Center
 - The Heron

- Lower Keys**
- Guidance/Care Center