

## OUR MISSION

WestCare's mission  
is to empower everyone whom  
we come into contact with  
to engage in a process of healing,  
growth and change,  
benefiting themselves,  
their families, coworkers and  
communities.

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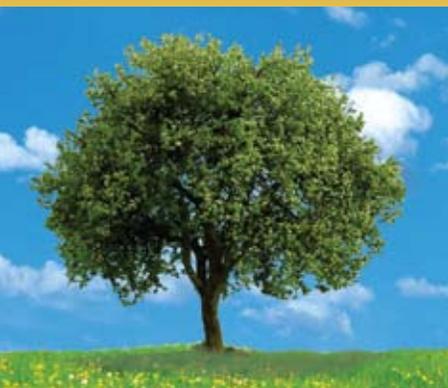
*“UPLIFTING THE HUMAN SPIRIT”*

### **For Additional Information**

The Admissions staff is available to provide information about The Village Sion Hill, the various programs available and admission procedures at 340-719-9900.

The Americans with Disabilities Act (ADA) guarantees equal opportunity for individuals with disabilities in public and private sector accommodations. WestCare does not discriminate because of race, national origin, creed, color, sex, religion, age, disability, handicap condition, or sexual orientation.





## U.S. Virgin Islands – The Village Sion Hill Long Term Residential Therapeutic Community Program

### Purpose

The Village Virgin Islands Sion Hill Therapeutic Community Program provides long-term, residential, intensive alcohol and other drug abuse treatment services for adult men and women. The Village's Sion Hill campus is located on the grounds of an 18th Century sugar plantation on the island of St. Croix in the United States Virgin Islands. The program, as the only residential substance abuse treatment program in The Territory, provides culturally relevant residential services to residents of the islands of St. Croix, St. Thomas and St. John. Lengths of stay in this program range from two to six months

### Services and Scope

Sion Hill Therapeutic Community has a very diverse client population of native Virgin Islanders and persons who have relocated from the United States and from many other Caribbean islands. The program is uniquely structured to meet the cultural needs of this diverse population and includes a full compliment of bi-lingual and bi-cultural staff. The Sion Hill Therapeutic Community includes individual and group counseling; alcohol and drug education classes; relapse prevention; evidence- and best-practice-based treatment modalities, including cognitive restructuring and trauma services; referral to community-based support services; optional onsite and community-based, 12-Step meetings; family and significant other educational/support services; and HIV/AIDS/Hepatitis C education, medical services, mental health treatment and counseling. All these services are built within the framework of a modified therapeutic community structure that promotes learning and practicing prosocial behavior, assuming personal responsibility for one's behavior and for others, and gaining the life and social skills necessary to maintain sobriety and lead a productive life. During the final phase of treatment at Sion Hill, clients are provided with a supported transition back into the community, begin working, and focus on establishing themselves as contributing members of their community.

### Funding Source(s)

The Village Virgin Islands Sion Hill Program is funded by the Virgin Islands Department of Health and the Virgin Islands Department of Human Services, as well as through specified VI legislative appropriations. Assessment of a participant's ability to pay for a portion, or all, of the cost of treatment is determined on a case-by-case basis. Service is never refused due to a participant's inability to pay; however, some programs may have waiting lists.

### For Additional Information

*For More Program Information or Admission Information Call:*

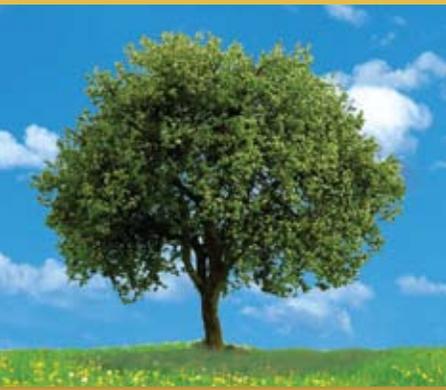
The Village Sion Hill Admission Department at (340) 778-3784

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9/11/09





## U.S. Virgin Islands – The Village MISAH Residential/Outpatient Program for Co-occurring Disorders

### Purpose

The Village Virgin Islands MISAH Program for Co-occurring Disorders provides long term residential intensive treatment for those clients who suffer from both Substance Abuse and Mental Illness. The MISAH Program also provides a day treatment track. The program serves adult men and women at The Village's Sion Hill campus, located on the grounds of an 18th Century sugar plantation on the island of St. Croix in the United States Virgin Islands. The program is the only community-based residential program for persons with mental illness The Territory. The program provides culturally relevant residential mental health and substance abuse services to residents of the islands of St. Croix, St. Thomas and St. John. Lengths of stay in this program range from three to twelve months.

### Services and Scope

The MISAH Program is unique in that it blends evidence-based services for those with co-occurring disorders into a modified Therapeutic Community treatment model. Clients benefit from a full scope of services specifically designed to address both substance abuse and mental health issues, while at the same time having the opportunity to participate as full and active members of the Therapeutic Community. The program is culturally sensitive to our diverse population and a multi-cultural staff provides services in English, Spanish and Virgin Island dialects. The Sion Hill MISAH Program includes individual and group counseling; substance abuse and mental health education classes; medication management, life skills training, substance abuse and mental health relapse prevention; evidence-based treatment modalities including cognitive restructuring and trauma services; optional 12-Step meetings; family/significant other educational/support services; HIV/AIDS/Hepatitis C education, medical services, and psychiatric oversight including mental health treatment and counseling. During the final treatment phase clients are provided with a supported transition back into the community, begin working or developing mechanisms for self-support, and focus on establishing themselves as contributing members of their community.

### Funding Source(s)

The Village Virgin Islands Sion Hill Program is funded by the SAMHSA's Center for Substance Abuse Treatment's Treatment for Homeless Initiative, the Virgin Islands Department of Health and the Virgin Islands Department of Human Services, as well as through specified VI legislative appropriations. Assessment of a participant's ability to pay for a portion, or all, of the cost of treatment is determined on a case-by-case basis. Service is never refused due to a participant's inability to pay; however, some programs may have waiting lists.

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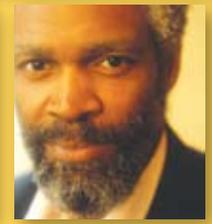
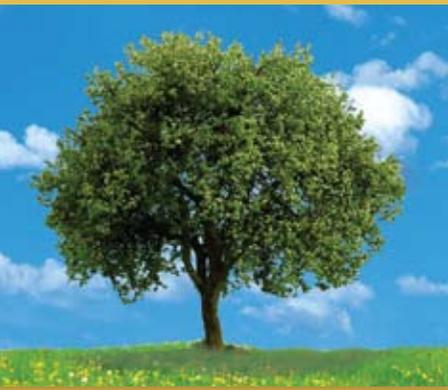
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## U.S. Virgin Islands – The Village Partners In Recovery Project HIBISCUS

### Purpose

As lead agency of this demonstration grant, The Village VI is responsible for collaborating with community stakeholders to design a comprehensive strategic plan to reduce exposure to disease among citizens in the Virgin Islands. The program targets minorities and the minority re-entry population who are engaged in at-risk behavior. Prevention education services focus on the relationship between HIV, substance abuse and Hepatitis.

### Services and Scope

Project HIBISCUS provides an integrated, 13-week prevention education curriculum for the minority reentry population and minority persons engaged in at-risk behavior that can lead to exposure to HIV and Hepatitis. The Project HIBISCUS curriculum educates about the relationship between HIV, substance abuse and Hepatitis and works with participants to develop a personalized risk-behavior reduction plan. Testing for Hepatitis C is available for all program participants. Capacity-building activities include a monthly newsletter, in-service trainings with healthcare provider agencies and dissemination of Hepatitis, HIV and substance abuse information.

### Funding Source(s)

Funding is provided by the Substance Abuse Mental Health Services Administration, Division of Center for Substance Abuse Prevention, Minority Aids Initiative.



### For Additional Information

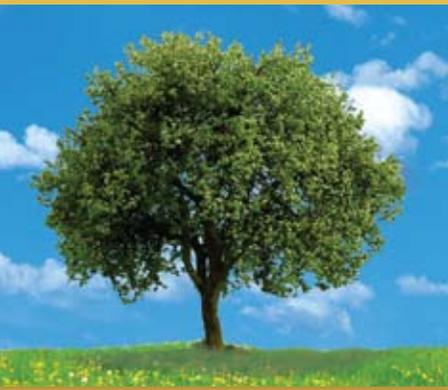
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## U.S. Virgin Islands – The Village Partners In Recovery Strength Project

### Purpose

The Strength Project uses the Strengthening Families Program (SFP), which is a scientifically tested curriculum that helps parents learn nurturing skills that support their children. It also teaches parents how to effectively discipline and guide their youth, giving youth a healthy future orientation.

### Services and Scope

The SFP curriculum includes six seven-week courses: Parent Training, Youth Skills Training and Family Life Skills Training. During the first hour of each session, the parent group leader works with the parents to help them learn to increase desired behaviors in youth by using attention and rewards, clear and effective communication, effective and supportive discipline, substance use education, problem solving and limit setting. The parent group leader also facilitates discussion among parents and guides parental understanding of new concepts. During the first hour, the youth group leader teaches youth effective communication, understanding feelings, social skills, problem solving, resisting peer pressure, consequences of substance use and compliance with parental rules. During the second hour, all three group leaders work together to help families engage in structured family activities, practice therapeutic play, conduct family meetings, learn communication skills, practice learned effective discipline, reinforce positive behaviors in each other, and plan family activities together. As a group, program staff implement the SFP curriculum and take advantage of opportunities to assist families in becoming comfortable with their newly learned skills.

A graduation ceremony is conducted for all families who complete the program. Each family receives a family gift packet/starter kit, which includes a family movie, game and prevention information materials to help them continue what they have learned while attending the sessions. A booster session for all families is held to provide a refresher course on topics learned and a reunion to encourage family support.

### Funding Source(s)

Funding is provided by the Virgin Islands Department of Human Services.



### For Additional Information

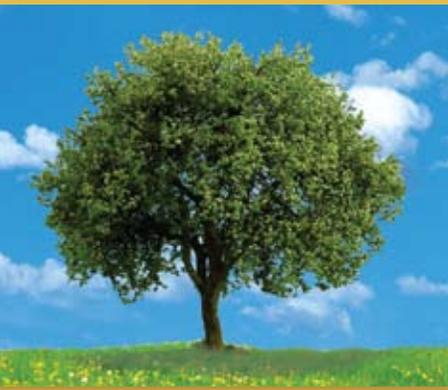
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## U.S. Virgin Islands – The Village Partners In Recovery Solutions Improvisation

### Purpose

The purpose of the program is to teach troupe members, age 12–17 years old, the importance of self-development, education and community service. Through improvisational theater, they provide prevention education to the youth in the community in order to reduce at-risk behavior among youth in the community. The program focuses on increasing protective factors to delay the onset of involvement with drugs, sex and violence.

### Services and Scope

The Solutions Improvisation Program encompasses the arts to promote solutions for problems involving drugs/sex/violence and the risk and crimes associated with involvement in those activities.

The arts education is structured around improvisational theater to teach troupe members and adolescent audiences about the risks associated with drugs, sex and violence. The Solutions Improvisation troupe members engage in self-development, which increases the self-esteem and confidence as they become role models for their generation.

The troupe member activities include: learning about Virgin Islands history, environmental excursions, learning about and meeting role models, skit writing, poetry, spoken word, story telling, general writing skills, rhyme scheme, vocabulary, speech, general communication and community service.

The troupe members and a professional in a specific topic create the improvisational performance from discussions/lessons on the topics of drugs, sex and violence. A core message is identified and stressed in all lessons and the scenes. While performing, the audience is left at the climax of the performance. Troupe members then begin to “process” the performance with the audience. Processing is the key to educating the audience/community. The arts are incorporated to enhance discussion and in-depth thought.

### Funding Source(s)

Funding is provided by the Virgin Islands Law Enforcement Planning Commission and the Virgin Islands Department of Human Services.



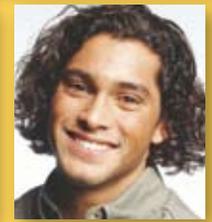
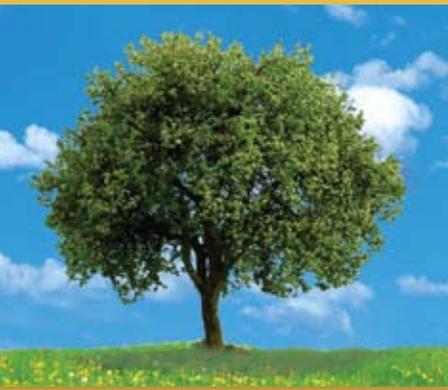
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## U.S. Virgin Islands – The Village St. Croix Unity Coalition

### Purpose

The Village Virgin Island Partners in Recovery is the fiduciary agent for the St. Croix Unity Coalition. The Coalition serves male and female youth, 11–17 years old, on St. Croix, U.S.V.I. The initiative will decrease risk factors while increasing protective factors in an effort to reduce substance abuse among youth and, over time, adults. It will also sustain and expand membership and collaboration among proactive stakeholders to prevent and reduce substance abuse among youth and families.

### Services and Scope

The Coalition implements the following strategies: (a) conduct a “teen summit” to address substance abuse risk and protective factors, for 90 youth, male and female, ages 11 to 17; (b) conduct 12 neighborhood-based education and information “teen enrichment/town hall sessions”; (c) administer the Pride Survey to a representative sampling of 500 adolescents, ages 11–18, every other year; (d) conduct a youth speak-up panel with coalition members, community leaders and policymakers to generate awareness on the task of trying to increase the legal drinking age in the U.S. Virgin Islands from 18 to 21; (e) conduct a six-month, multimedia youth and family-focused campaign on substance abuse prevention and intervention strategies; and (f) train and support the members of Teens on Point, Unity Coalition’s junior board.

### Funding Source(s)

The St. Croix Unity Coalition is funded by Substance Abuse Mental Health Services Administration, Center for Substance Abuse Prevention, Drug Free Communities.



### For Additional Information

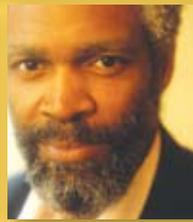
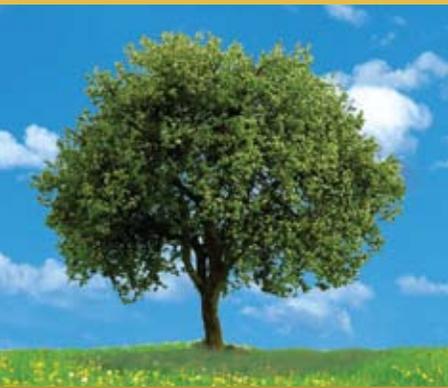
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## U.S. Virgin Islands – The Village Additional Information

For additional information,  
please contact our  
admissions department at (340) 719-9900.

Office hours:  
Monday through Friday,  
8:00 a.m. to 5:00 p.m.

Please direct your questions to:  
Kendall Tutein  
Phone: (340) 719-9900 ext. 302 e-mail: [kendall.tutein@westcare.com](mailto:kendall.tutein@westcare.com)

Or write to us at:  
The Village/Virgin Islands Partners in Recovery  
P.O. Box 5105, Christiansted, VI 00823

Also, please visit our informative website at:  
[www.westcare.com](http://www.westcare.com)

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