



## OUR MISSION

WestCare's mission  
is to empower everyone whom  
we come into contact with  
to engage in a process of healing,  
growth and change,  
benefiting themselves,  
their families, coworkers and  
communities.

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*“UPLIFTING THE HUMAN SPIRIT”*

### **For Additional Information**

The Admissions staff are available to provide information about Gulf Coast Florida, the various programs available and admission procedures at (727) 502-0188

*“Uplifting the Human Spirit”*

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## WestCare Florida – Ryan White Program

### Purpose

Ryan White Program outpatient services are provided to individuals who are HIV-positive or have AIDS, along with a diagnosis of substance abuse problems. However, if clients are assessed as needing group in addition to individual counseling, the group services are billed under the appropriate grant, i.e., Ryan White grant or the Ryan White Minority AIDS Initiative grant.

Clients are referred from AIDS service organizations, physicians and the Pinellas County jail. Both programs are funded through the Hillsborough County Board of County Commissioners to receive traditional outpatient services such as group, individual and family counseling, psychoeducation groups and psychosocial support.

### Services and Scope

Individual sessions are scheduled for a minimum of one hour on a weekly basis and may occur more or less frequently dependent upon the individual's treatment plan and their needs and progress. The expected length of stay in this program is variable depending on the client's needs but is not less than three months with consistent involvement. Clients are expected to receive up to six hours of services per week.

Psychoeducation groups are offered weekly at the Davis Bradley Building.

### Funding Source(s)

The WestCare Gulf Coast Ryan White Program is funded through the Hillsboro County Social Services Department.

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## WestCare Florida – The Mustard Seed Inn

### Purpose

The Mustard Seed Inn provides transitional housing to homeless adults who have begun their recovery from alcohol, drug abuse and/or mental illness. The Mustard Seed Inn, a tri-level facility (a former hotel), is centrally located just minutes from downtown St. Petersburg in a large catchment area for veterans due to the presence of two of the largest VA health care systems in the nation (James A. Haley Veterans Hospital and Bay Pines VA Health Care System).

The Mustard Seed Inn, established more than 20 years ago, offers 73 beds for 24/7 transitional living, substance use and co-occurring substance use and mental health disorders treatment, and recovery support services. The facility serves both males and females, although rooms are separated by gender.

### Services and Scope

Licensed by the state of Florida Department of Children and Families – Suncoast, the Mustard Seed Inn provides counseling, case management, job support and recovery-based services that help adults develop the skills needed to transition into permanent housing within the community.

During the 2007 program year, the Mustard Seed Inn provided services for 315 males and females. Residents can remain in the facility for up to 24 months if needed.

### Funding Source(s)

The WestCare Gulf Coast Mustard Seed Inn is funded by the Pinellas County Board of Commissioners, SAMHSA, HUD Continuum of Care, City of St. Petersburg, City of Clearwater, Department of Veterans Affairs for Pinellas and Hillsboro, Pinellas County Public Defender Jail Diversion and the Able Trust Foundation.

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## WestCare Florida – Pinellas Drug Court Services

### Purpose

WestCare provides twelve (12) weeks of group counseling and drug screening for individuals referred by the Pinellas County Drug Court. Placement in Levels II or III services will be determined at assessment and as ordered by the court. Funding from the Substance Abuse and Mental Health Services Administration focuses on serving women with substance abuse issues who also suffer from prescription medication misuse issues.

Persons served are required by the Pinellas County Drug Court to attend the Level II or III Outpatient Program at WestCare Florida, located at either the Enterprise Road office in Clearwater for the north county group or in the Davis Bradley Building in St. Petersburg for the south county group.

### Services and Scope

All Drug Court clients are provided with special offender counseling that recognizes that the learning needs, psychological problems and social skills of the client must be addressed to prevent relapse into substance abusing and criminal behavior. The program design recognizes that any relapse into criminal behavior is likely to cause a relapse into chemical use, and that any relapse into the use of drugs, including alcohol is likely to cause a relapse into criminal behavior. The focus is equally on abstinence from criminal behavior as well as substance use.

The treatment providers function as part of a treatment team which is made up of the court including the judge, and other members of that system, case managers, probation officers and attorneys. The treatment provider meets with the drug court team to discuss individual participants and will participate in provider meetings to address drug court issues and to continuously improve drug court effectiveness.

### Funding Source(s)

WestCare Gulf Coast Drug Court Services are funded by Pinellas County Board of County Commissioners and the Substance Abuse and Mental Health Services Administration. The Drug Court Outpatient services are licensed by DCF.

### For Additional Information

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## WestCare Florida – Turning Point

### Purpose

Turning Point, an emergency intervention shelter and inebriate receiving facility, provides emergency intervention shelter services for homeless adults with substance abuse issues. The shelter is the only facility (in the local area) that accepts inebriated adults directly from the street. Overall, the shelter is designed to provide temporary emergency shelter and cold night shelter services for individuals who have not yet begun their journey into recovery from alcohol and drug abuse.

### Services and Scope

In the Turning Point program, WestCare staff members attempt to engage individuals by offering supportive services. Clients may also be linked to community-based health and human services including temporary shelter, nourishment, shower facilities, case management, supportive counseling, skills building groups and 12-step meetings. Many clients transition into residential substance abuse treatment within WestCare at the Mustard Seed Inn located within minutes of the shelter. Special populations served by Turning Point include veterans and individuals with co-occurring issues.

### Funding Source(s)

WestCare Gulf Coast Turning Point is funded by Pinellas County Board of County Commissioners and the Substance Abuse and Mental Health Services Administration. Turning Point is licensed by the Florida Department of Children and Families Suncoast.

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## WestCare Florida – 'EMERGE' Residential Program for Men

### Purpose

"EMERGE" is WestCare-Gulfcoast's residential program for males who are generally court ordered to participate in substance treatment. They can be referred by the courts, any legal system, self-referred, or by family members or friends. Participants in this treatment program all have a serious substance abuse problem or a co-occurring disorder. The modified therapeutic community model program consists of two phases or components. The first 2 months of the program is the Intensive Treatment Component (ITC), and the final 4-5 months of the program is the Employment/Re-entry Component (ERC).

### Services and Scope

"EMERGE" is a modified TC located at the WestCare Community Involvement Center in St. Petersburg, Florida. The Target population is adult males with a substance use and/or co-occurring mental health disorder, who may be referred by the court system, family, and friends or self referral for residential treatment. The mission of Emerge is to provide comprehensive and innovative services to Central Florida's criminal justice involved substance abusers. Emerge is a 6-8 month program, divided into 3 phases:

- **Orientation** – Stabilization to the environment and orientation to the treatment program and the addiction and recovery process. Staff will teach the basic 10 functions of the Therapeutic Community philosophy through learning, practicing and being challenged on each skill.
- **Engagement** – produces constructive insights and changes in behavior. There is a strong emphasis on decision-making, acceptance of ones inability to use substances, pre-vocational and/or educational instruction and development of a plan for relapse prevention, including recognition of the need to continue in aftercare treatment or with self-help groups beyond the treatment experience
- **Reentry** – Participants are required to secure and maintain full time employment during the day, and participate in treatment groups and activities either prior to or after work.

Our treatment program blends a peer leadership model with professional supervision. Members reside on the premises, and participate in a full complement of treatment groups which focus on abstinence issues, criminal thinking, life skills, and prevocational readiness.

### Funding Source(s)

The WestCare Gulf Coast "EMERGE" Program for Men is funded by the Florida Department of Corrections and Licensed by the Florida Department of Children and Families as a Level II Residential program.

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## WestCare Florida – Juvenile Prevention Programs

### Purpose

WestCare Gulf Coast Prevention Programs serve youth ages 9 to 18 years of age. After school, diversion program for both delinquent and pre-delinquent youth ages 8-17. Participants receive substance abuse prevention, life skills and activities that are alternatives to crime and drug use. .

The services are offered on site at designated school locations and at 1735 Dr. Martin Luther King St. S. St Petersburg FL 33705

### Services and Scope

The UPSIDE – Utilizing Positive Strategies in Developing Efficacy.

The goal of the program is to reduce disproportionate minority contact with the Juvenile Justice System by developing community and school-based prevention and intervention programs for targeted youth.

Girls Circle of Support Program

This program is gender-specific for girls and includes a strengths-based support group that addresses the specialized needs of minority middle-school aged girls in the South St. Petersburg area.

Alternatives Prevention Program

This 24 week program will address areas of concern such as social skills, improving communication, making positive decisions, coping with depression and anxiety, anger management and education regarding drugs and their effects with a focus on reducing underage drinking. Additionally, we offer prevention presentations to assemblies and groups.

### Funding Source(s)

The WestCare Gulf Coast Prevention Services are funded by Florida Department of Juvenile Justice and Central Florida Behavioral Health Network/ Florida Department of Children and Families

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## WestCare Florida – Additional Information

For additional information, please contact our  
Eastern Division Office at (727) 502-0188

Office hours:  
Monday through Friday,  
8:00 a.m. to 5:00 p.m.

Please direct your questions to:  
Jana Balicki, *GulfCoast Florida Area Director*  
Phone: (727) 502-0188 x 333 e-mail: [jana.balicki@westcare.com](mailto:jana.balicki@westcare.com)

Or write to us at:  
WestCare GulfCoast Florida and WestCare Foundation (*Eastern Division Office*)  
P.O. Box 12019, St. Petersburg, Florida 33733-2019

Also, please visit our informative website at:  
[www.westcare.com](http://www.westcare.com)

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